

Legal Services

- ◆ Benicia Public Library—Lawyers in the Library
First Thursday of each Month—20 minute
free consultation
707-746-4343
<http://www.benicialibrary.org>
- ◆ Solano County Lawyers Referral
www.Solanocountylawyersreferral.com

Counseling

- ◆ Catholic Social Services
707-644-8909
www.csssolano.org
- ◆ Planned Parenthood
990 Broadway, Vallejo
707-643-4346

Financial Assistance

- ◆ Families in Transition of Benicia
www.familiesintransition.org
707-645-3000
Help with past due rent and/or past due
water and PG&E

Parenting Support

- ◆ Family Resource Center
707-746-4352
www.ci.benicia.ca.us
- ◆ Mom's Club
info@beniciamomsgroup.com

Food

- ◆ Community Action Council
480 Military East, Benicia
707-745-0900
- ◆ St. Vincent DePaul Society of Vallejo
707-746-1773
- ◆ Food Bank
707-421-9777
www.foodbankccs.org

Meals

- ◆ St. Paul's Episcopal Church
4:30-6:00 Wednesday Nights
- ◆ Meals on Wheels
707-745-0900
www.mealsonwheels.org

Housing

- ◆ Benicia Housing Authority
28 Riverhill Drive , Benicia
(Section 8 Housing)
707-745-2071

Clothing

- ◆ Community Action Council
480 Military East, Benicia
707-745-0900

General Referral and Assistance

- ◆ Community Action Council
707-745-0900
- ◆ Family Resource Center
707-746-4352
- ◆ Families in Transition
707-645-3000
- ◆ National Alliance for the Mentally Ill
707-422-7792
www.namisolanoounty.org

National Domestic Violence 24 Hour Support Line

1-800-799-7233
1-800-787-3224 (TTY)
<http://www.thehotline.org>

National Suicide Prevention Lifeline

1-800-273-8255

Women's Shelters and Support

- ◆ Safequest Solano
24 Hour Support Line 1-866-487-7233
<http://safequest.us/>
- ◆ STAND! FOR Families Free of Violence
1-888-215-5555

Child Abuse

- ◆ National Child Abuse Hotline
1-800-4-A-CHILD (1-800-422-4453)

Drug and Poison Control

- ◆ Hotline 1-800-222-1222

Senior Services

- ◆ Benicia Senior Center
187 East L Street, Benicia
707-745-1202
www.ci.benicia.ca.us
- ◆ Area Agency on Aging
400 Contra Costa Street, Vallejo
707-644-6612
www.aaans.org

For more information go to:
www.eBenicia.com

**When in need of
immediate assistance
during a time of
crisis, below are several
helpful numbers:**

**Police and Fire
Emergency Dispatch
9-1-1**

**National Domestic Violence
24 Hour Hotline
1-800-799-7233
1-800-787-3224 (TTY)**

**Safequest Woman's Shelter
24 Hour Hotline
1-866-487-7233**

**General Referral Services
2-1-1
Free, confidential and
available 24 hours a day in
more than 150 languages.**

**This brochure is brought to you by
Soroptimist International
of Benicia.**

**Soroptimist International improves
the lives of women and girls in local
communities and throughout the
world through
programs leading to social and
economic empowerment.**

**For further information about
Soroptimist go to
www.soroptimistof Benicia.org**



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Benicia**



A Women's Resource Guide

**Local information,
referrals, and assistance
for those in need**

